

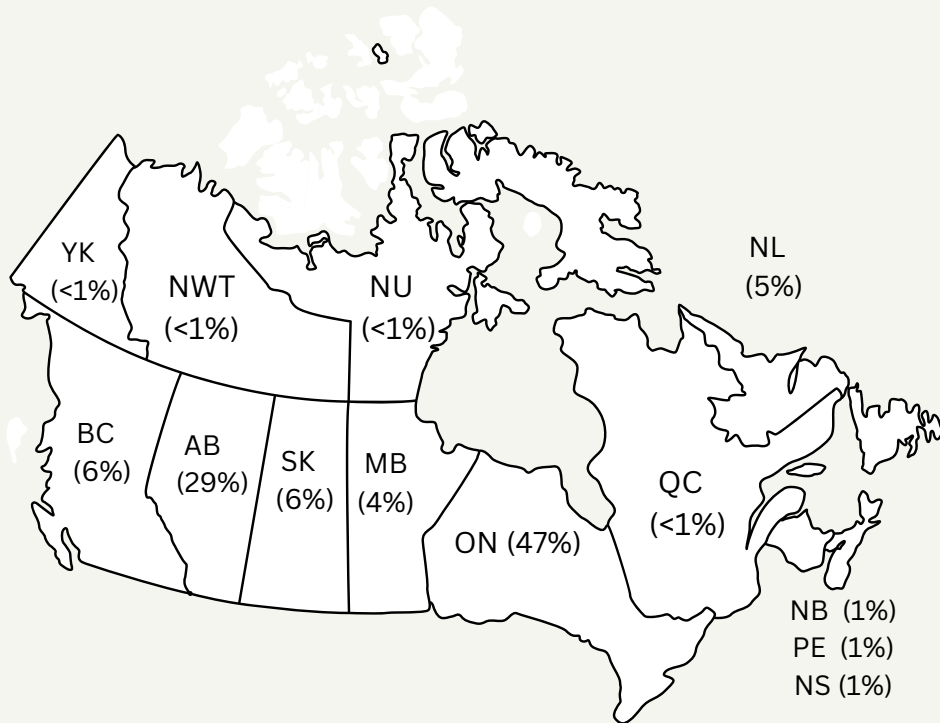
BEFORE OPERATIONAL STRESS (BOS) TRAINING

Participation Information

The **University of Regina** is conducting an independent research study to evaluate the BOS program. Here's who is participating:

1

PROVINCE UPTAKE



PSP from all over Canada are participating in the BOS training.

Supported by funding from the Public Health Agency of Canada (PHAC) to address posttraumatic stress disorder (PTSD), psychological trauma, and stress among people most impacted by COVID-19.

2

MODALITY PARTICIPATION

96%

4684 PSP, frontline and healthcare workers have completed BOS online.

3%

124 PSP, frontline and healthcare workers have completed BOS Peer.

1%

78 PSP, frontline and healthcare workers have completed BOS Intensive and/or BOS Virtual Intensive.

BOS participants found the online courses accessible, and the group training valuable for connecting with others.

3

PARTICIPANTS BY OCCUPATION

Border Services Personnel
Indigenous Emergency Manager
RCMP
Respiratory Therapist
Physiotherapist
Correctional Worker (Federal)
Municipal Police

Licensed Practical Nurse
Personal Support Worker
Correctional Worker (Provincial)
Provincial Police
Physician
Nurse Practitioner
Prosecutor
Firefighter (Career)

Paramedic
Registered Nurse
Social Worker
Firefighter (Volunteer)
Public Safety Communicator
Registered Psychiatric Nurse
Occupational Therapist
Search and Rescue Personnel

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